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Mineral-Nutritional-Balancing Practitioner

Dog Hair Sampling Instructions for Hair Mineral Testing

Very important!

1. Do not bathe your dog with soap just before sampling the hair. This is because it washes out the sodium and potassium and will skew the test. There is no need to give the dog a bath before sampling the hair. See below if you just bathed your dog.
2. Wash the head area of your dog with a little alcohol on a cloth or napkin. Do not use soap and water even though they clean well. The reason is that they can wash out the water-soluble minerals more than alcohol.
3. Now cut the hair sample from the head, near the brain. Do not take the sample from the belly, or anywhere else. Only take it from the head, and near the brain for the most accurate readings.
4. Be sure to cut off any hair that is more than about one inch or two centimeters long. Otherwise, you will get old readings from old hair.

Also be sure to **cut enough hair** or fur so it fills a **tablespoon to overflowing**.

If you have just bathed your dog with soap, **you must wait until the hair is fully dry** before sampling it. Then brush the fur on the head near the brain for 5 minutes before sampling the hair. This causes some of the natural oils to be restored to the hair. Otherwise, the test results will be less accurate.

Put the hair **in an envelope** (no baggies please) with your animal's:

Name

Hair Color

Breed

Mail the envelope to the lab along with the lab form that I email you upon payment.

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